

**ROTARY DISTRICT 5960  
2017 CONFERENCE**

**Rotarians Changing the World**

**April, 27-29  
Holiday Inn East  
2201 Burns Avenue  
St. Paul, MN 55119**

**District Conference** is scheduled for Friday, April 28<sup>th</sup> and Saturday morning, April 29<sup>th</sup>. Our theme this year is "Rotarians Changing the World." The conference committee has been working hard and we have 4 excellent keynote speakers that you are going to want to hear. There will be nearly 20 breakouts on Vibrant Clubs, Business of Rotary, International Service and the Environment will offer opportunities for you beyond just Rotary. The Youth Exchange Students will be putting on a Country Fair. There will be a House of Friendship to network with Rotarians and others. The Group Study Exchange (GSE) team from Northern Australia and Timor-Leste will present at 2 breakouts and be around the conference for you to connect with

Reprinted from DG Jim Hunt April Newsletter

**THOUGHT FOR THE WEEK:**

"To change the world, we must be good to those who cannot repay us."

- Pope Francis

**From DG JIM Hunt April  
Newsletter:**

The **International Convention** is happening in Atlanta on June 10<sup>th</sup> through the 14<sup>th</sup>. This will be the closest Convention to Minnesota for several years, along with being the culmination of the 100-year Celebration of the Rotary Foundation. Attendance is the best way that I know of to fully connect with the International side of Rotary. You will be able to interact with Rotarians from over 200 countries. Please come join us for the party in Atlanta. We have already registered 125 members from our District.

**St. Paul Sunrise Rotary Club  
12th Annual Community Forum  
Thursday, April 20, 2017  
7:15-9:15 a.m.**

**Addressing Mental Health and  
Minnesota's Criminal Justice  
System:  
Can Minnesota Do Better?**

[www.st.paulsunriserotary.org](http://www.st.paulsunriserotary.org)

**Program: Eric Hendrickson presents:  
Rick Dahlman, longtime forester/state DNR employee on Lyme disease**

Dahlman told the spread of ticks in Minnesota that can transmit Lyme disease, among other tick-borne diseases. Basically, more counties in the state have the deer ticks, and there are increasingly more reported cases of Lyme disease in Minnesota — more every year. This year doesn't stand to improve — the warming climate and the early springlike weather has meant ticks are likely active earlier.

Dahlman sent around vials with ticks to show the various sizes. The deer, or blacklegged, tick in its nymph stage, when it is most dangerous and looking to feed from May into July, is the size of a POPPY SEED. Not to be confused with the wood tick. The adult female is the biter; the males don't bite. About 80 percent of those who contract a tick-borne disease contract Lyme disease, Dahlman said. There recently have been about 1,200 REPORTED cases in Minnesota each year, meaning likely thousands go unreported.

Some other enlightening comments from Dahlman:

- There is no month of the year when you aren't at risk from Lyme. Remember, ticks can come in the house on your gear, or the firewood you haul in for a winter's fire.
- July is the month of diagnosis. Peak time of biting is generally May, but it can happen anytime of year.
- Most people become infected around their homes. Mice nests are notorious for holding ticks.
- DEET is useless vs. ticks. Put permethrin on your clothes. It kills ticks on contact.
- Go to [mnlyme.org](http://mnlyme.org) online for more information.

*Writer of the week: Bob Timmons*

**Rotary Club of White Bear—building friendships and  
improving lives through hands-on projects  
in the White Bear area and around the globe**

