

**CLASSIFICATION:**

**Steve LaLiberte** presented his classification as operator of several businesses; four to be exact including Sort, Toss and Pack, a company which helps individuals and families clear all their “stuff” from their home when it is time to move on and another which helps you sell your home or that of a family member while also helping you deal with your accumulated “stuff”. He also operates a retail store that helps you sell the “good stuff” you no longer need or want. He plans to add an on-line auction component to this business. Steve is a cancer survivor, an experience that once caused him to develop a very short-term outlook and a cure that helped him reestablish a long-term outlook to his life. Steve has been married to Jodie for 41 years and she has been a cofounder of his business.’ They have four children, tow girls and two boys and five grandchildren. Among his spare time interests is Handball and he and a son recently competed in an international tournament with respectable success. Thanks for your story Steve and for being a great member of our club.

**MORE ANNOUNCEMENTS**  
**Greg Bartz** reported on the clubs recent blood donation event with the Red Cross at the White Bear Lake Armory. We surpassed the goal with a total of 31 pints of blood leading to a great success. Thanks to all who participated. Let’s do it again. **Greg** also reported that the Russians are again coming in October to visit as a social exchange. Stay tuned for ways to participate.  
**Had Solberg** announced that we will soon be hosting two new Youth Exchange students, one from South Korea, and the other from Paraguay, and he is looking for host families. He also announced that Jill Schroeder is leaving the YE committee and he is seeking one or two new members. This is a great way to get involved in a very meaningful and rewarding way.

**PROSPECTIVE NEW MEMBER**  
**The following person has been approved for Rotary international and White Bea Lake Rotary membership. If there are no objections from club members within 10 days, they will be inducted at an upcoming meeting:**  
**Tim Wald**  
**Assistant Superintendent for Finance and Operations**  
**White Bear Lake Area Schools**  
**Sponsor: Wayne Kazmierczak**

**Thought of the week:**  
*“Civic participation over a lifetime, working in neighborhoods and communities and service of all kinds—military and civilian, full-time and part-time, national and international—will strengthen America’s civic purpose.”*  
**- John McCain**

**WHITE BEAR LAKE ROTARY PRESENTS**  
**7TH ANNUAL TASTE OF WHITE BEAR LAKE**  
**SEPTEMBER 8th, 2018**  
**Hosted by Jacobson’s Pine Tree Apple Orchard**

**Program:** **Jackie Reis** introduced **Andrea Weiler** to present a program on Bear Power/Power up 4 Kids. Andrea is a community health officer with Lakeview Hospital in Stillwater and is also the coordinator of the Bear Power program serving young students in School District 624 (White Bear Lake). She also coordinates the Power Up 4 Kids; a similar program serving Stillwater School District. Bear Power is a community based initiative to make healthier eating and increased physical activity more fun, easy popular so youth can reach their potential and hopefully add five more year to their life. Research and trend analysis indicate that due to elevated levels of obesity the generation including second and forth graders will be the first in America with a life expectancy less that the parents who raise them and programs like Bear Power are intended to improve that situation. The program, organized and facilitated through Health Partners, is a collaboration between schools, non-profits, business, faith communities, public health interests, local government, food shelves, civic organizations and the YMCA. A significant part of the initiative is to influence policies to promote healthy diets and increase physical activity by causing these changes to be desirable, not by judging or shaming. Rather than lecturing and focusing on weight loss the focus is on making healthy choices, feeling good and having fun.

Andrea explained that Bear Power and Power up 4 Kids encourage participants to eat at least five fruits or vegetables each day, have less than two hours of screen time, spend at least one hour in physical activities and drink zero sugary drinks. The program is currently practiced in nine schools within School District 624 and has been operating for over four years.

Thinks Jackie and Andrea for this interesting presentation.

Your reporter further sayeth naught.

*Writer of the week: Mark Sather*

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**The Rotary Club of White Bear Lake—**  
**building friendships and improving lives through hands-on projects in the White Bear area and around the globe**

**UPCOMING MEETINGS**

September 5: Chris Rust, Viking Stadium Structure  
Chairperson: Bill Rust  
Classification: Pat McClernon  
Greeters: Bill Foussard & Tom Snell  
Invocation: Rita Pechmann  
Writer: Darrell Stone

September 12: Henry Bromelkamp,  
Rotary Club of Eshowe  
Chairperson: Ryan Boog  
Classification: Pat McFarlane  
Greeters: Ann Frisch & Conrad Solberg  
Invocation: Bill Eaves  
Writer: Greg Young

September 19: Carol Nelson, Maternal/child  
health project in Sierra Leone  
Chairperson: Fred Treiber  
Classification: Rich McNamara  
Greeters: Dick Galena & Had Solberg  
Invocation: Steve LaLiberte  
Writer: Rita Pechmann

**FUTURE MEETINGS:**

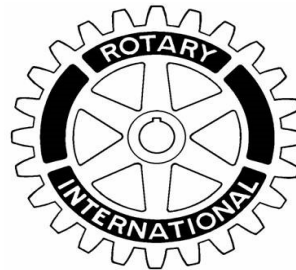
September 26: Jeff Otto presents: Chris Wright,  
Minnesota United FC  
October 3: Randy Johnson presents: Scott  
Randall, Solar and Renewable Energy  
October 10: Had Solberg presents Judge DeAnne  
Hilgers, Jury Selection Process  
October 17: Kevin Donovan presents Barb Duffrin,  
Superintendent of Mahtomedi Schools

At least three weeks in advance of your scheduled  
date, please contact Jeff Otto:  
Jeff.otto@opmpallet.com

Mail or phone club news to the  
WBL ROTARY OFFICE: MARLYCE PAULSON  
P.O. Box 10809 White Bear Lake, MN 55110  
  
Office: 651.738.3022  
e-mail: wblrotary1@comcast.net  
Web Site: whitebearrotary.org  
Bear Bulletin Deadline: Friday, 5pm

**WBL ROTARY TEAM MEETINGS**  
**BOARD MEETINGS:** Meets 4th Tuesday of  
each month, WBL City Hall, 7 a.m.  
**CLUB SERVICE TEAM:** Meets 2nd Tuesday  
of each month, Eat @ Banning & 5th,  
7 a.m.  
**COMMUNITY SERVICE TEAM:** Meets last  
Monday of each month, 7:15 a.m. Eat @ Banning  
& 5th  
**FUNDRAISER TEAM:** Meets immediately  
following Wednesday meeting (seasonal)  
**INTERNATIONAL SERVICE TEAM:**  
Meets 2nd Thursday of each month, Eat @ Ban-  
ning & 5th, 7 a.m.  
**PUBLIC IMAGE TEAM:** Meets 2nd Wednes-  
day of each month, 6:30 p.m. location TBD  
**VOCATIONAL SERVICE TEAM:** Meets 1st  
Thursday of each month, Keys Restaurant, 7 a.m.

2018-2019 Officers/Directors  
  
*President . . . . . Connie Bossard*  
*President-Elect . . . John Channon*  
*Past President . . . . Craig Drake*  
*Treasurer . . . . . Pat McClernon*  
*Secretary . . . . . Michael Lovett*  
*Exec. Secretary . . . Marlyce Paulson*  
*Public Image . . . . . Bob Timmons*  
*Rotary Foundation. .Curt Akenson*  
*Community Service. Jim Rathburn*  
*.Rita Pechmann*  
*Vocational Service . Dale Grambush*  
*. Fred Treiber*  
*Club Service . . . . . Greg Young*  
*.Ken Baltzer*  
*International . . . . Fred Treiber*  
*.Jim Hunt*  
*Youth Protection . . Gene Altstatt*  
*Youth Exchange . . Had Solberg/Jill Schroeder*  
*Bulletin Writers . . . Mark Sather*  
*.Darrell Stone*  
*.Greg Young*  
*.Rita Pechmann*  
*.Dick Galena*  
*.Bob Timmons*  
*.Cathy Wyland*  
*Invocations . . . . . Rich Ramsay*  
*.Bill Rust*  
*.Bob Gehrke*  
*.Randy Johnson*  
*.Steve LaLiberte*  
*.Rita Pechmann*



*Rotary Club of White Bear Lake*  
*Chartered in December 1979*  
  
Meetings  
Wednesday at 7:00 A.M.  
*Rudy's Redeye Grill*



**ANNOUNCEMENTS**  
  
The Taste of White Bear Lake is around  
the corner; September 8<sup>th</sup> at Pine Tree  
Orchard. **Rob Weber** is again organiz-  
ing the “Cork Pull” where participants  
pay \$20, pull a numbered cork from a  
barrel and win a surprise bottle of  
wine. He is seeking the donation of  
100 bottles of wine valued at about  
\$20. You can bring a bottle or more or  
give him \$20 and he will buy one for  
you. You can also visit **Eric Hen-**  
**drickson** at the Liquor Barrel and  
he will help you out. **Pat McFarlane**  
issued the second to the last call to get  
your ticket sale receipts in as well as  
any remaining unsold tickets. On-line  
sales will be closed soon. **Peggy Black**  
is heading up the silent auction and is  
in need for more items. Let’s help her  
make the auction a success by donat-  
ing an item or event. Lastly, **Ken**  
**Baltzer** is passing one of his notori-  
ous clipboards around for you to sign  
up to help setup, operate and/or dis-  
semble the event. We need a great  
deal of help to make our only major  
fundraiser a success and we especially  
need help taking everything down at  
the end.. Many hands make this an  
easy task!

August 29, 2018  
  
**Greeters: Bill Eaves & Derrek Skeie**  
  
**Classification: Mike Lovett**  
  
**Invocation: Randy Johnson**  
  
**Writer: Dick Galena**  
  
**Program: Ellen Hiniker presents:**  
**Jeff Hafner, “Emerald Ash Borer”**  
  
**Song: Ken Baltzer**  
  
**AMERICA**  
  
*My country 'tis of thee,  
Sweetland of liberty,  
Of thee I sing.  
Land where my fathers died!  
Land of the Pilgrim's pride!  
From ev'ry mountain side,  
Let freedom ring.  
My native country, thee,  
Land of the noble free,  
Thy name I love.  
I love thy rocks and rills,  
Thy woods and templed hills;  
My heart with rapture thrills  
Like that above.*

